

MARK D. HINDS. FOUNDER AND CO-VISIONEER

Mark Hinds' life is highlighted by dramatic turning points that led him to increasingly significant levels of accomplishments and service. In 1987 a car that ran a red light at over 45 miles per hour hit him. His miraculous recovery from the multiple internal injuries and broken bones set the stage for many more significant turning points in his life.

A meeting with a group of leading edge nutritional researchers led him to understand that diet may have a positive effect on recovery from injuries, athletic performance and healing from disease. From this experience Mr. Hinds decided to pursue an education in nutrition. He gained his Dietician Certification in 1989 and began to work with competitive body builders, cancer patients, heart disease patients, and others. Soon his clients were experiencing major improvements from the nutritional changes that he applied to their individual situations.

Mr. Hinds' research confirmed a close correlation between the mental attitude of the people and the success or failure of their nutritional goals. Mr. Hinds collaborated with researchers, including those from Stanford University, who have been investigating the link between wellness and the mental state of the patient. While conducting this research, Mr. Hinds obtained his M.H.T. certification in Hypnotherapy.

In 2001 Mr. Hinds launched the MindSoul research project to discover how thought creates physical change in the body. The project became a high-level research program utilizing 24 channel EEG equipment, biofeedback equipment, and other advanced technologies. Today, he is widely regarded as one of the world's leading authorities in hypnosis. His extensive MindSoul hypnosis program series was made available to the public in 2007.

In 2001, Mr. Hinds published his first book, "Vegetarian Made Easy" which received very favorable press and reviews and is still popular today.

Concurrently Mr. Hinds was developing environmentally and economically sound technologies for water usage and delivery systems for sustainable housing. His work in these areas led to major aesthetic and energy efficient improvements that are still regarded as the industry standards. Mr. Hinds also worked with local municipalities to pioneer the development of Drug Free Zones in modular housing complexes.

In 2002 Mr. Hinds was diagnosed with a rare genetic disorder. The prognosis he received was grim, he was going to be confined to a wheel chair or worse, he would leave the planet quickly. This drove him to a worldwide investigation for every technology that was being used to observe and assist the human body in its path towards wellness.

The culmination of this research combined with his life long study and practice of nutrition, wellness, mind/body medicine and hypnosis resulted in his total recovery. Mr. Hinds founded **HealthWalk** Clinic and Products in 2006 to offer to the world the total health and wellness he has regained from his inquiry and journey.



Mark D. Hinds
Founder and Co-Visioneer

MARILYN TAM, CO-VISIONEER

Marilyn Tam is a corporate leader, speaker, corporate consultant, author and respected humanitarian. Her background includes executive roles at several world-class companies- CEO of Aveda, President of Reebok Apparel & Retail Group and Vice President of Nike. She is also a successful entrepreneur, having developed and built three companies in diverse fields: corporate consulting & training, a web portal company and a web-based supply chain software company.

Ms. Tam consults and speaks globally with Fortune 500 companies, governments and non-profit organizations on Leadership, Diversity, Change Management and how to Integrate Social & Environmental concerns into Businesses profitably.

She is a director on the national board of SCORE Association. SCORE is the Resource Partner of the U.S. Small Business Administration and is dedicated to entrepreneurial education and the development, growth and success of small businesses nationwide. www.score.org

Ms. Tam is the founder and Executive Director of the Us Foundation whose mission is to facilitate global action and dialogue on social, economic and environmental issues. www.usfoundation.org

She served for five years on the international board of The Reebok Human Rights Awards, along with former President Jimmy Carter; renowned musicians Peter Gabriel, and Sting, Rafer Johnson, Chairman of the Special Olympics; and Kerry Kennedy Cuomo of the Robert F. Kennedy Memorial Center, and Paul Fireman, Chairman of Reebok International Ltd. She was awarded The Reebok Human Rights Award for her humanitarian work.

Ms. Tam is an advisor to the country of Bhutan, working with the Ministers and government officials to transition the country into the 21st Century while retaining their cultural and environmental heritage.

Ms. Tam is a lifetime member of Who's Who World Wide and is listed in Who's Who in American Women. She was honored with the Artemis Award for her business and humanitarian work by the Greek government and the Euro American Women's Council in Athens, Greece, 2006 with her likeness on a Greek postage stamp. In 2007 she was honored with the Femtor Lifetime Achievement Award from eWomenNetwork.

Ms. Tam came to **HealthWalk** first as client and she was so impressed by what **HealthWalk** offered in helping her improve her health and others' that she was inspired to join **HealthWalk** to share this leading edge healthcare system with as many people in the world as possible.

DIANE KUSUNOSE P.T.. GALVANIC SKIN RESPONSE. COLD LASER THERAPY. HOMEOPATHY

Diane Kusunose is a licensed Physical Therapist, graduating from Northern Arizona University in 1981. She worked in clinical settings, including out and inpatient, hospital, and home health until 1992, when she started to work with her husband in his teaching institute which provided continuing education for Physical Therapists.

In 1998 she began furthering her education in natural medicine and homeopathy after her son's warts completely cleared from the use of homeopathic remedies. She is certified in Homeopathy and Bach Flower Remedies and has established a thriving practice in this field. Ms. Kusunose attended the Academy of Bioenergetics in Missouri and received a Masters in Bioenergetics. She is also a board certified and licensed Biofeedback Specialist.

Integrating biofeedback with her Physical Therapy knowledge and other skills has led to a unique holistic and effective treatment approach. She combines Galvanic Skin Response therapy, Cold Laser Therapy, hands on skills, exercise, biofeedback, posture/core strengthening training, and more to support and enhance the client's physical, emotional and functional well being.

Ms. Kusunose is representative of the diversity and integration of wisdom that **HealthWalk** brings to support and empower our clients to regain and maintain vibrant health.

DR. DENNIS MANESS, HEALTHWALK MINDSOUL™

Dr. Maness holds a PhD in Education, Master of Science in Neuro-Biology and Bachelor of Science in education from Southern Baptist University, Atlanta, GA. Dr. Maness is the developer of the Neuro Stimulation Sound Therapy and the Learn It FASTER cognitive processing brain games. He is Board Certified, Neuro therapy, Neuro feedback and Bio feedback Instructor and a Diplomat of Neurotherapy and Biofeedback Certification Board. Dr. Maness has worked with over two million students of all ages in cognitive development via live workshops, teaching classes and over the Internet since 1997. Education Television Host 1996 – 1998. Pioneered discoveries in Brain Wave frequencies that to aid in memory and cognitive processing.

Dr. Maness developed and applied Brain Wave technologies in video games for aid in learning. Doc Maness' Educational programs received excellent results for over 480 high school drop outs for auditory, cognitive and visual processing. Doc Maness' Cognitive Therapy program received excellent results in over 500 students of all ages for memory, auditory, cognitive and visual processing. Founded Accelerated Learning & Productivity, an Education Consulting and Corporate Education program serving the needs of Special Education, students and individuals desiring better grades and lower stress levels and designing and implementing special corporate training programs.

Dr. Maness developed therapeutic software utilizing his discoveries for use in Brain Wave Therapy. Doc Maness' developments in Neuro and Bio Feedback include the following: The development of drug free neuro stimulation therapy for successful treatment of Substance Abuse, Insomnia, Stress and Stress Related Illness, Migraine Headaches and Pain Management, Cognitive Processing and Memory Access.

Current projects include Neuro Forensics for memory storage and access, Neuro Forensics for Memory Recovery with No False Memory, Neuro Forensics for Lie Detection. Doc Maness received his most prized award when students of a government center elected him Mentor of the Year.

Dr. Maness brings his skills, enthusiasm and connections to **HealthWalk** to help propel the company to reach many millions of people who will gain from being able to more fully utilize their brains. **HealthWalk's** array of technology combined with Dr. Maness' knowledge and software will improve and enhance people's cognitive processes whether it is through conditioning, stress, and daily living or from damage through physical, chemical or emotional trauma or congenital issues.

CAROLYN SCHROPP. BS. NC. FUNCTIONAL NUTRITIONAL CONSULTANT AND EDUCATOR

Carolyn Schropp is a nutritional consultant and health educator. She has a Bachelor of Science from University at Buffalo, New York and her Nutrition and Natural Health education from Clayton College with additional training, CEU Units in Endocrinology and Blood Chemistry. Her nutritional approach involves an assessment of the body from a functional perspective. She takes into consideration an in depth review of the endocrine system and its relationship to digestion, immune health and detoxification and recommends a functional approach using nutrition, supplements and lifestyle management as tools to re-balance the body's physiology.

As a community oriented nutritionist, Ms. Schropp's emphasis is on educating people about healthy dietary options including local sustainable choices and nutritional programs like raw foods, juicing and the health benefits of green smoothies. She provides individual and group counseling sessions as well as lectures at **HealthWalk** on how nutrition is exceptionally supportive and healing to the body. She works with you to analyze your lifestyle, biochemistry and goals to offer you a system of nutrition, meal planning, customized supplementation and stress reduction techniques to empower you to enjoy the vitality that comes from optimal nourishment and inner peace. Ms. Schropp makes the often confusing topic of nutrition and diet simple and easy to understand and follow. With her guidance and the **HealthWalk** Way to Wellness System, people can more easily attain their health and fitness goals.

Carolyn became a nutritionist to share her passion and to inspire others to take control of their lives, to make healthy choices so that they can be the very best in all they do. Carolyn is delighted to be part of the **HealthWalk** family so that she can work in unison to support every client in regaining, attaining, maintaining and enhancing vibrant health.

DR. ANNA WALDEN

Anna Walden, received her undergraduate education at the University of Texas at Austin with emphasis on Latin American Studies; Our Lady of the Lake College, San Antonio, Texas, emphasis on Biology; her holistic and quantum medicine training through The Institute of Quantum Biofeedback Naturopathic Medicine, The International Medical University of Natural Education (now a member of the UNESCO Body for Developing Technologies), The World Association for Biomedical Technology (WABT), The National Association of Certified Natural Health Professionals and Trinity College of Natural Health; Certification from Neuro therapy and Biofeedback Certification Board.

Post-Graduate Training

In addition, Dr. Walden has received the following training from Academy of Energetic Science: Intermediate/Advanced biofeedback stress reduction; Post-Advanced, encompassing functional chemistry; orthomolecular nutrition, cell biology, body/mind, Level I & II.; from IMUNE; Intermediate training continued advanced biofeedback focusing on Lyme Disease; from CNHP: Clinical Aromatherapy; Enzymes; from Apex Energetics Functional Blood Chemistry, Neurotransmitters and Brain; from the Science and Public Policy Institute Safe Wireless Initiative CERSA Apprenticeship; Mind to Mind Healing; Crystal Therapy; Reflexology; Nutrition Response Testing, Quantum Reflex Analysis.

Dr. Walden has 35 years of broad and deep experience in a wide range of healthcare and humanitarian work serving two international non-profit organizations utilizing alternative therapies and self-healing techniques including Metamorphic Technique, Crystal therapy, and Mind to Mind healing, Magnetic Therapy. After entering the world of energetic medicine with Quantum biofeedback, Dr. Walden completed her formal Naturopathic studies from Trinity College of Natural Health and then expanded into Bach Flower Remedies, Aromatherapy, Kinesiology and many other healing modalities. Dr. Walden has continued to ride the leading edge of both natural and technology based therapy which has brought her to **HealthWalk** which perfectly harmonizes with her training and style of practicing the healing arts.

Dr. Walden brings her expertise and enthusiasm to creating integrated and holistic health solutions to **HealthWalk**. She is delighted to be part of **HealthWalk** so that she has the synergistic power of kindred practitioners to effect a bigger positive impact in serving the myriad of healthcare challenges people face in today's environment and world.



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